



Institute of Food Science &  
Technology Sri Lanka

## Guidelines for 3-Minute Flash Talk Challenge 2025

Organized by **Institute of Food Science & Technology Sri Lanka (IFSTSL)** 📍 *Mihilaka Medura, BMICH | 22nd August 2025 | 2.00-5.00 PM*

### ◆ Eligibility

- Open to **students in Food Science stream**.
- Each university/department may nominate **up to two students**.

### ◆ Presentation Content

- The talk should be based on **scientific content** related to:
  - A research project (can be a part of a final year project, internship, or independent study) or a concept
- It **does not need to be a completed thesis**.
- Content must be **original** and **presented by the student**.

### ◆ Presentation Rules

- Each speaker will have a **maximum of 3 minutes**.
- Presentations exceeding 3 minutes will not be considered for selections as winners
- Only **one static slide** is allowed — no animations, transitions, or embedded videos.
- **No props, videos, or group presentations** permitted.
- Presentations must be delivered **live and in person**.

### ◆ Evaluation Criteria

- Clarity of content and organization
- Scientific relevance and originality
- Ability to engage a general audience
- Confidence, timing, and presentation skills

### ◆ Awards



**Judges' Choice** – Selected by a panel of experts



**Audience's Choice** – Voted live by attendees

### ◆ Other Information

- Registration fee: **LKR 500** (for both participants and audience; Free for IFSTSL student members)
- Registration link: <https://forms.gle/HkKkd8AYsHuohbcf6>